

# The Ten Commandments: Lesson 3

**SuperTruth:** I will obey God's rules even when the world says I don't have to.

**SuperVerse:** "Love the LORD your God, walk in all His ways, obey His commands, hold firmly to Him, and serve Him with all your heart and all your soul."

Joshua 22:5b (NLT)

**Bible Story:** Exodus 16, 19–20, 24, 31–32, 34

## Game Materials

### Needed:

- Beanbag toss game—four small beanbags per team thrown at angled boards, each with a small hole near the top; or small bucket and four balls—ping pong or tennis—per team
- Optional: masking tape

## Teaching Materials

### Needed:

- Ten Commandments Wheel for children who did not receive one previously
- Ten Commandments Poster placed on wall in Lesson 1
- Ten Commandments Minibooks for children who did not make one in Lesson 2
- Stapler, OR hole punch and brass paper fasteners, for Minibooks
- Marker
- Signpost Match Cards for Moses and Jesus
- Two pieces of cardstock or paper to print the Match Cards
- Optional: painters tape
- Bible or the Superbook Bible App

## SuperVerse Materials

### Needed:

- Poster board or whiteboard and marker or chalkboard and chalk
- Bible or the Superbook Bible App

## Prayer Materials Needed:

- Bible or the Superbook Bible App

## LARGE GROUP / GRADES 1–6

This story will teach us about the importance of following God's standards and rules instead of the world's standards which are often different. Our goal is to do what pleases Him.

- Select a video to have playing as children enter the Large Group room. Videos are under Resources on the top menu bar.
- Play videos in order of appearance in the Video Player or Leader Guide.
- God understands we will fail sometimes, so He sent Jesus to take the punishment for our sins.
- In the Signpost Video, we will see some important comparisons between Moses and Jesus.

## SMALL GROUP / GRADES 1–6

**Game:** Aim for Protection (15 minutes)

*Objective: Explore the Superbook story by playing a beanbag toss game.*

- God has given us the Ten Commandments to guide us and protect us. We want to obey all of them all the time, but it can be very hard sometimes. Let's play a game where we aim to be perfect and see what happens!

*Game Instructions:*

- Divide the children into teams and have them stand behind the starting line facing the target.
- Allow each child four chances to throw a beanbag or ball into the hole or bucket. Have sixth grade helpers or volunteers retrieve the beanbags or balls and give them to the next person in line.
- Discuss how we all missed the mark in the game—nobody was perfect. One definition of sin is "missing the mark." We all need Jesus who is perfect and never missed the mark!

**Teaching:** Moses Points to Christ (15 minutes)

*Objective: Explore the Signposts to Jesus in the Bible Story.*

- Use the Signpost Match Cards to play a game to learn similarities between Moses and Jesus.

*Take Home Activity—Discipleship Challenge (2 minutes)*

- Work on learning the Ten Commandments—not just saying them, but obeying them every day! The Ten Commandments are important even today, regardless of what the world tells us! We must try, with the Holy Spirit's help, to be obedient to God's law.

**SuperVerse:** Superbook Signs (5 minutes)

*Objective: Memorize the Superverse with a group activity.*

- Serving God is not always the easiest or most popular thing to do—but when we choose to follow God's ways, His blessings follow us wherever we go!
- Divide the children into two teams. Have each team make up actions for each phrase—not each word—of the verse as they say it out loud. Teams then "perform" the verse for the class.

**Prayer:** Confession and Forgiveness Prayer (5 minutes)

*Objective: Communicate with God.*

- God is holy and His laws are perfect. God requires us to be holy and keep His laws perfectly. Yet no matter how hard we try, we will sin and fail to follow God's laws perfectly. That's why He sent Jesus—His perfect, sinless Son—to take the punishment for our sins.
- Children will pray silently to confess their sins to God, and ask for forgiveness.

## ADDITIONAL ACTIVITIES (REFER TO THE LESSON GUIDE FOR DETAILED INSTRUCTIONS)

**Tossing Game:** Learn the commandments with a game. | Grades 4–6 | 10 min

**Discussion:** Determine which commandment applies in different scenarios. | Grades 1–6 | 15 min

**Book Object Lesson:** Demonstrate how God views sin. | Grades 1–3 | 10 min

**Bible Study:** Discuss the results of obedience and disobedience. | Grades 4–6 | 15 min