

# David and Saul: Lesson 1

**SuperTruth:** I will not be jealous of others.

**SuperVerse:** For wherever there is jealousy and selfish ambition, there you will find disorder and evil of every kind. James 3:16 (NLT)

**Bible Story:** 1 Samuel 15–16, 18–19, 21, 23–24, 2 Samuel 5:1–5

## Game Materials Needed:

- SuperVerse Cards
- Scissors
- Two sheets of cardstock for each team of up to eleven players
- Bag or box for the cards

## Teaching Materials Needed:

- Table
- Face Pattern
- Sealable sandwich bag: standard size 6.5" x 5 7/8"
- One sheet of cardstock
- Twelve golf balls, real or plastic; or ping pong balls
- Black and red permanent markers: one each
- Shoe box lid or shallow container to hold the balls so they don't roll away
- Small section of a thin cloth like a bed sheet, T-shirt, or paper towel
- Discipleship Challenge materials:
- David's Kinnor Pattern
- David's Kinnor Instructions
- Cardstock, two sheets per child plus extras
- Paper, one sheet per child plus extras
- Rubber bands or string
- Long, empty tissue boxes, one per child plus extras
- Glue sticks or fast-drying, child-safe glue
- Pencils
- Children's scissors
- Bible or the Superbook Bible App

## SuperVerse Materials Needed:

- Whiteboard and marker; or chalkboard and chalk
- Eraser
- Bibles or the Superbook Bible App

## Prayer Materials Needed:

- Bible or the Superbook Bible App

## LARGE GROUP / GRADES 1–6

Today, we will watch a Superbook adventure called "David and Saul." Saul was the first king of Israel and David is most famous for defeating Goliath the giant with just a sling and a stone.

- When two tough teens grab and smash Chris' guitar, Chris is furious and vows to take revenge.
- Superbook takes Chris, Joy and Gizmo to meet David, the young warrior who leads Israel's army to victory. Although King Saul tries to kill him out of jealousy, David chooses not to take revenge. The children learn that anger and vengeance do not accomplish God's purposes.

## SMALL GROUP / GRADES 1–6

### Game: Order Restored (15 minutes)

**Objective:** Play a game to reinforce the SuperVerse.

- God brings peace, order and understanding! That is what our game is all about. There are several sets of cards, and they're all mixed up. Your job is to restore order!

### Game Instructions:

- All teams play at the same time. Players walk backward to the pile and find a card that is part of the SuperVerse. Players then walk back and place the card on the floor beside the team. The next player repeats the process. The first team to complete the SuperVerse wins.

### Teaching: Guard Against Jealousy (15 minutes)

**Objective:** Discuss ways to overcome jealousy.

- Jealousy is a powerful and destructive emotion. Saul wanted to destroy David! Sadly, Saul didn't turn to God for help. Let's learn from his failure and how we can always turn to God for help to overcome jealousy.

### Take Home Activity—Discipleship Challenge (2 minutes)

- Look up the verses for Lesson 1, Galatians 5:25–26 on your harp. Discuss the meaning of the verses with your family. Each day pray and ask the Holy Spirit to lead you in every part of your life. Ask Him to help you with any feelings of jealousy or discontent. The harp can be a reminder to follow the Holy Spirit's leading each day.

### SuperVerse: Superbook Voices (5 minutes)

**Objective:** Memorize the SuperVerse with a group activity.

- Jealousy is never good and it destroyed Saul's life. We must stay on guard, for jealousy can easily creep into our hearts when others are praised or rewarded.
- Have the children stand in a semi-circle in front of the board. Say the SuperVerse a little differently three different times together. Say the SuperVerse in a robot voice, in a singing voice, and with a deep, booming voice of authority.

### Prayer: Secure Prayers (5 minutes)

**Objective:** Communicate with God.

- When we accept Jesus as our Savior, His Spirit lives inside us. He gives us the power to obey God's Word and to live in a way that pleases Him. We need His strength to overcome our problems.
- Today, take time to silently share any feelings of jealousy, sadness or fear with God. Ask Him to help you overcome them with His power, and to replace those feelings with His joy in your heart.

## ADDITIONAL ACTIVITIES (REFER TO THE LESSON GUIDE FOR DETAILED INSTRUCTIONS)

**Giving Game:** Play a game to give God our worries and cares. | **Grades 1–6** | 15 min

**Object Lesson:** Discuss what grows from jealousy. | **Grades 1–6** | 10 min

**True and False Game:** Play a step and toss game. | **Grades 1–3** | 15 min

**Bible Study:** Discuss why jealousy is never a wise choice. | **Grades 4–6** | 15 min