

Joseph and Pharaoh's Dream: Lesson 1

SuperTruth: I will trust God and His plan for me.

SuperVerse: *Trust in the LORD with all your heart; do not depend on your own understanding.* Proverbs 3:5 (NLT)

Bible Story: Genesis 37,39–45

Game Materials Needed:

- Plan Card Pattern
- Five sheets of cardstock or paper
- Marker
- Scissors
- Bible or the Superbook

Teaching Materials Needed:

- Trust Necklace Pattern
- Scissors for children
- Rope or string, about 6 feet—this rope will also be used in Lesson 2 Teaching
- Scissors
- Pencils
- Gold ribbon, yarn or string—approximately 24 inches per child, plus extra
- Bible or the Superbook Bible App

SuperVerse Materials Needed:

- Chalkboard and chalk, or whiteboard/poster board and marker
- Bible or the Superbook Bible App

Prayer Materials Needed:

- Bible or the Superbook Bible App

LARGE GROUP / GRADES 1–6

Today, we begin a new Superbook story about the life of Joseph. His life had many ups and downs; but in all things, Joseph trusted God's plan for him. The more we read the true stories in the Bible and see how God protected and provided for His children, the more we can be convinced to trust Him and His plan for us!

- Chris has a precise plan for how to get the best seats at a big soccer match and is upset when things go wrong.
- Superbook takes Chris, Joy and Gizmo to meet Joseph, who is sold into slavery by his brothers, then rises from prisoner to governor of Egypt. The children learn to trust God's plans instead of their own.

SMALL GROUP / GRADES 1–6

Game: Follow the Plan (15 minutes)

Objective: Play a game about following a plan.

- Joseph trusted God's plan for his life even though he didn't always understand it. In our game, you will follow a plan. The plan is unique to you, so you can't follow someone else's steps!

Game Instructions:

- The first player from each team will start the game and follow their individual plan, walking quickly from number to number in order. The player will then return to the back of the team's line.

Teaching: Stick With the Plan (15 minutes)

Objective: Discuss the story of Joseph.

- Use a rope to visually show the variations in Joseph's life. God's plan for Joseph's life really had some ups and downs! God sees a much bigger picture than we do. We often see just the world directly around us—a very small picture compared to what God sees. We must be patient and trust God and His will for our lives, like Joseph did! When we do, God's favor will be in our lives.

Take Home Activity—Discipleship Challenge (5 minutes)

- Children make trust necklaces to remind them that God has a plan for us. The challenge is to pray and ask God how to respond to difficult situations—such as when you've been hurt or tempted. Ask God to show you how to respond in a way that will please Him and bring Him glory.

SuperVerse: Superbook Spin (5 minutes)

Objective: Memorize the SuperVerse with a group activity.

- Joseph couldn't depend on his own understanding because none of it made any sense. He had to trust in God and His plan for him!
- Children form a circle and take turns being a human game spinner. Whoever the spinner points to should say one word of the SuperVerse.

Prayer: Trusting Prayers (5 Minutes)

Objective: Communicate with God.

- Joseph trusted in God, despite the hard times in his life, and we can, too!
- Have children pray quietly and open their hearts to God. Tell God how you feel right now. Ask Him to show you how much He loves you. Ask Him what you would like Him to do, then ask Him what He would want YOU to do. Close in prayer.

ADDITIONAL ACTIVITIES (REFER TO THE LESSON GUIDE FOR DETAILED INSTRUCTIONS)

Relay Game: Play a fun relay game to fill up Egypt's storehouses. | **Grades 1–6** | 15 min

Object Lesson: Demonstrate trusting in God's care. | **Grades 1–6** | 10 min

Review Activity: Actively review the story of Joseph. | **Grades 1–3** | 10 min

Bible Study: Dig deeper into the story of Joseph. | **Grades 4–6** | 15 min