

# Nehemiah: Lesson 2

**SuperTruth:** I will be prepared and ready for challenges.

**SuperVerse:** *The laborers carried on their work with one hand supporting their load and one hand holding a weapon.* Nehemiah 4:17 (NLT)

**Bible Story:** Nehemiah 1–8

## LARGE GROUP / GRADES 1–6

Today is the second lesson of our Superbook adventure, “Nehemiah.” In the story today, we will learn about being prepared and ready for challenges that come our way.

- Superbook takes Chris, Joy and Gizmo to meet Nehemiah. He creates a daring plan to rebuild Jerusalem's ruined walls, even though wicked men mock him—and plot to kill him! The children discover how to find courage to overcome every challenge.
- In the Bible Background video, we'll learn more about Nehemiah and the challenge of rebuilding the walls of Jerusalem. We will also learn about the king of Persia.

## SMALL GROUP / GRADES 1–6

**Game:** Up in Arms (15 minutes)

**Objective:** *Play a game to do the work and stay alert.*

- Nehemiah not only had to build the wall, he also had to be on guard for an attack.

**Game Instructions:**

- Children will carry materials back and forth to rebuild the wall while holding a tube which represents a weapon in case of attack! The first team that has all of their workers carry a load and return home wins.

**Teaching:** Are You Ready? (15 minutes)

**Objective:** *Discuss how to prepare for challenges.*

- Nehemiah knew that he faced a big challenge; much larger than he was. He would not attempt to do it without knowing God's plan and timing. He needed to prepare for the challenge! The most important thing we can do to be ready for anything is to spend time with God by reading His Word and praying.

**Take Home Activity—Discipleship Challenge (2 minutes)**

- The Discipleship Challenge is to continue to build a spiritual foundation by filling in the blanks on the wall for the next verse—Matthew 7:24.

**SuperVerse:** Superbook Blanks (5 minutes)

**Objective:** *Memorize the SuperVerse with a group activity.*

- Nehemiah was a great leader who trusted God and equipped his workers as they accomplished God's work!
- Read the SuperVerse on the board with the children. The children will then close their eyes or turn around as you erase a key word. Children will look at the board and raise their hands to tell you what word you erased. Write the word where it belongs. Continue and erase more words each time.

**Prayer:** Preparation Prayers (5 minutes)

**Objective:** *Communicate with God.*

- Nehemiah's prayers prepared him and others for the work God called him to do. When we wait on God, He will give us what we need: a plan, supplies, and even the words to speak. God prepares us for the challenge.
- In our prayer time, let's bow our heads and silently pray about the things I will mention. Begin the prayer, then allow a few moments for children to pray silently after each item. Allow children time to pray and then close in prayer.

## ADDITIONAL ACTIVITIES (REFER TO THE LESSON GUIDE FOR DETAILED INSTRUCTIONS)

**Inspection Game:** Secretly inspect the gates with Nehemiah. | **Grades 1–6** | 10 min

**Craft:** Do a craft to rebuild the ruined wall. | **Grades 1–6** | 15 min

**Coloring Activity:** Color a page to show how Nehemiah was ready for an attack. | **Grades 1–3** | 10 min

**Building Game:** Guess words in the story to build the wall. | **Grades 4–6** | 15 min

### Game Materials

#### Needed:

- Whiteboard and marker, or chalkboard and chalk
- Two empty cardboard paper towel tubes
- Ten round balloons plus extras for breakage
- Two boxes
- Two 7-inch paper plates, or cut larger plates down to 7 inches
- Masking tape or painters tape.

### Teaching Materials Needed:

- Umbrella
- Sunglasses and/or sunscreen
- School textbook
- Small sewing kit, tool kit, first aid kit, flashlight, and/or other items people carry to be prepared for various emergencies
- Bible—printed copy, not on a device
- Faith Wall and Stone Patterns for children who missed Lesson 1
- Bible or the Superbook Bible App

### SuperVerse Materials

#### Needed:

- Whiteboard or chalkboard
- Marker or chalk, eraser
- Bible or the Superbook Bible App

### Prayer Materials Needed:

- Bible or the Superbook Bible App