

Elijah and the Widow: Lesson 1

SuperTruth: I will put my total trust in God and obey Him.

SuperVerse: *Trust in the LORD with all your heart; do not depend on your own understanding.* Proverbs 3:5 (NLT)

Bible Story: 1 Kings 17:1–24

LARGE GROUP / GRADES 1–6

In Bible times, widows were often very poor because they had no way to make money. Elijah was a courageous and bold prophet of God. He trusted God and obediently did all that he was asked!

- Chris’s mother sends him out shopping for a list of items that she wants him to buy at many different specialty stores. Chris secretly decides he knows better and can get everything at a “one-stop shop.”
- Superbook takes Chris, Joy and Gizmo to meet Elijah, who is fed by ravens during a famine. In Zarephath, a widow gives Elijah bread even though she and her son are starving—then God miraculously provides food for them until the famine ends. Later, when the boy dies, Elijah raises him to life. The children learn to obey even when they don’t understand. Back home, Chris finds that his mom was planning a surprise party.

SMALL GROUP / GRADES 1–6

Game: You Decide (15 minutes)

Objective: *Play a game of obedience and choices.*

- God wants us to trust Him with all our hearts—all of the time and not go back and forth!

Game Instructions:

- I will shout commands and end each one saying either “to the right” or “to the left.” You will jump to the correct side—or stay on the same side—and do the command. If you jump to the wrong side or stay on the wrong side, you must sit out for one command before returning to the game.

Teaching: All Your Heart (15 minutes)

Objective: *Discuss obedience and trust in God.*

- Elijah needed to trust God every day and depend on Him for all of his needs. Elijah could not depend on his own beliefs and understanding; he had to fully trust God.

Take Home Activity—Discipleship Challenge (5 minutes)

- The first part of your challenge is to ask a parent or adult to teach you a new task, then do it cheerfully to help out at home. The second part of your challenge is to memorize Proverbs 3:5.

SuperVerse: Superbook Erase (5 minutes)

Objective: *Memorize the SuperVerse with a group activity.*

- When we trust God instead of depending on our own understanding, God will lead us; and others will see His power at work.
- Children will cover their eyes so they can’t see the board. Change a word or phrase of the SuperVerse. Children then look at the board and raise their hands to say what needs to be fixed.

Prayer: Earnest Prayers (5 minutes)

Objective: *Communicate with God.*

- Elijah was a man of earnest prayer. That means he prayed with purpose and passion. As a result of Elijah’s prayer, God moved powerfully.
- Today in our prayer time, I want you to think of someone you care about who needs something. They may need to be healed, or they may need a job, or they may need food, or they may need to know Jesus loves them. God cares about these people, too. And like Elijah, we will be praying for God’s will to be done. When we do that—God answers!

ADDITIONAL ACTIVITIES (REFER TO THE LESSON GUIDE FOR DETAILED INSTRUCTIONS)

Puzzle Game: Play a game to reinforce the SuperVerse. | **Grades 1–3** | 10 min

Match Game: Play a match game with things from the Bible story. | **Grades 1–6** | 15 min

Coloring Activity: Color a page about Elijah by the brook. | **Grade 1–3** | 10 min

Bible Activity: Race to find verses about trusting God. | **Grades 4–6** | 15 min

Game Materials Needed:

- String or painters tape

Teaching Materials Needed:

- Small box
- Table
- God Sign
- “All In” Cards
- Tape
- Scissors

Discipleship Challenge materials:

- Flat Raven Pattern for Grades 1–3, OR Folded Raven Pattern for Grades 4–6
- Cloud Hanger for all children
- String or yarn—four 12-inch lengths per child
- Scissors
- Pencils
- Cellophane tape for children to share
- Optional: crayons or markers to color the cloud and ravens; and glue sticks and cotton balls to decorate clouds

SuperVerse Materials Needed:

- Whiteboard and marker, or chalkboard and chalk
- Eraser

Prayer Materials Needed:

- Bible or the Superbook Bible App