

# Teach Us to Pray: Lesson 1

**SuperTruth:** I will pray as Jesus did.

**SuperVerse:** “You can ask for anything in My name, and I will do it, so that the Son can bring glory to the Father.” John 14:13 (NLT)

**Bible Story:** Matthew 6:9–13; 9:36–38; 17:1–9,14–20; Mark 9:2–9,14–29, Luke 9:28–43; 10:1–9,17–22; 11:1–4

## LARGE GROUP / GRADES 1–6

### Game Materials Needed:

- Twelve empty water bottles
- Two racquetballs or tennis balls (any small balls)
- Painters tape or masking tape
- Three volunteers or leaders to be “bottle setters” or a score keeper
- Yardstick or tape measure
- Whiteboard and marker or chalkboard and chalk
- Four boards: 2”x 4”, two feet long; OR use boxes, thick books, or pool noodles to form a border or “alley”
- Optional: timer

### Teaching Materials Needed:

- Three round balloons
- Table
- The Lord’s Prayer Bookmark Page
- Tape
- Scissors

### Discipleship Challenge materials:

- Lord’s Prayer Bookmark Page—one per five children, plus extras
- Scarlet or red yarn—five inches per child plus extra
- Mustard seeds—about 3 per bookmark, plus extras (tiny seeds are easy to lose)
- Cardstock—one sheet per five children plus extras
- Hole punch
- Scissors
- Pencils
- Cellophane tape

### SuperVerse Materials Needed:

- Whiteboard or chalkboard, marker, or chalk
- Eraser

### Prayer Materials Needed:

- Bibles or the Superbook Bible App

In the church, we often talk about prayer; yet, have you ever wondered how to properly pray? In our first video, we will see an amazing event in the life of Jesus that only three of His disciples witnessed.

- Chris and his grandma come across his grandpa’s old Bible, and he asks her how they used to pray. She begins to cry, and he isn’t sure how to help.
- Superbook takes Chris, Joy and Gizmo to meet Jesus, who teaches the disciples how to pray with power and how to take authority over demons. He also teaches them the Lord’s Prayer. When the kids return, Chris and his grandma pray the Lord’s prayer together.

## SMALL GROUP / GRADES 1–6

**Game:** Bo-WILL-ing Prayers (15 minutes)

**Objective:** Play a unique game of bowling.

- Jesus’ prayers were pleasing to God because He prayed according to His will. That means His prayers were in line with God’s will.

**Game Instructions:**

- The area inside these two boards represents God’s will. The balls represent prayers. The bottles represent needs or things you are praying for. When a bottle is knocked over, your prayer is answered and you score a point! To knock over bottles, the balls must stay between the boards that represent God’s will.

**Teaching:** A Pattern to Follow (15 minutes)

**Objective:** Discuss praying as Jesus did.

- The disciples asked Jesus to teach them how to pray. He responded by sharing a pattern or model of prayer called the Lord’s Prayer.

**Take Home Activity—Discipleship Challenge (5 minutes)**

- Your challenge is to pray Matthew 6:9–10 each day. Think about the meaning as you pray and speak from your heart. The second part of this challenge is to pray that section in your own words. Pray in your own words for others to know Him and begin to do His will, so His kingdom expands on earth and He receives the glory and honor!

**SuperVerse:** Superbook Stand (5 minutes)

**Objective:** Memorize the SuperVerse with a group activity.

- We come before God by Christ’s authority and righteousness. Because we belong to Christ, we are in right standing with God.
- Divide the class into groups of 3 or 4 children each. Have each group make up motions for the verse. Then have each group say the verse and do the motions for the rest of the class.

**Prayer:** Will Prayers (5 minutes)

**Objective:** Communicate with God.

- Jesus says that when we pray, we must acknowledge that God’s name is holy; He is perfect with no equal. Even though we have access to God, we must come with respect and humility. He is high and lifted up, and the only one worthy of our praise and worship.
- Let’s begin by acknowledging that God’s name is holy and above all other names. Take a moment to sit silently in God’s presence. Picture Him high above the earth, full of glory, and above and over anything you face. Now, think of something that you would like God’s help with. Pray silently that God’s will would be done in that situation.

## ADDITIONAL ACTIVITIES (REFER TO THE LESSON GUIDE FOR DETAILED INSTRUCTIONS)

**Object Lesson:** Demonstrate our relationship with God in Christ. | **Grades 1–6** | 15 min

**Relay Game:** Play a game about our daily bread. | **Grades 1–6** | 15 min

**Coloring Activity:** Color a page about Grandma’s moving day. | **Grade 1–3** | 10 min

**Bible Activity:** Look up and discuss Jesus’ Transfiguration. | **Grades 4–6** | 15 min