

# Teach Us to Pray: Lesson 2

**SuperTruth:** Prayer builds faith.

**SuperVerse:** *As soon as I pray, You answer me; You encourage me by giving me strength.* Psalm 138:3 (NLT)

**Bible Story:** : Matthew 6:9–13; 9:36–38; 17:1–9,14–20; Mark 9:2–9,14–29, Luke 9:28–43; 10:1–9,17–22; 11:1–4

## LARGE GROUP / GRADES 1–6

In the Bible story, Jesus told His disciples that nothing was impossible if they had faith. In this lesson we will learn more about how prayer builds faith.

- Superbook takes Chris, Joy and Gizmo to meet Jesus, who teaches the disciples how to pray with power and how to take authority over demons. He also teaches them the Lord's Prayer. When the kids return, Chris and his grandma pray the Lord's prayer together.
- In today's Bible Background video, we'll learn more about the disciples and how Jesus modeled prayer for them. We'll also see different ways that people pray.

## SMALL GROUP / GRADES 1–6

**Game:** Prayer Adds up! (15 minutes)

*Objective: Play a game to build towers of faith.*

- One of the most effective ways to increase our faith is through prayer. The more time we spend in our heavenly Father's presence, the more our faith will grow stronger.

*Game Instructions:*

- You will walk quickly to the first pile of cups, pick one, and balance the cup on the back of your wrist as you return to your team table to build a faith tower. You can't use your other hand to steady the cup or hold it against your body. Once you reach the line, lift the cup from your wrist and position it to build the tower in a pyramid shape.

**Teaching:** Build It! (15 minutes)

*Objective: Discuss the relationship between faith and prayer.*

- Prayer that builds faith is not just talking to God; it is communicating with Him—sitting and waiting in His presence as He fills us with His love, mercy, wisdom, and power.

*Take Home Activity—Discipleship Challenge (2 minutes)*

- For this lesson your challenge is to pray Matthew 6:11–12 each day and memorize the verses if possible. Then add it to the first section you memorized: Matthew 6:9–10. You can use your bookmark for this. Think about the meaning as you pray and speak from your heart.

**SuperVerse:** Superbook Breakout (5 minutes)

*Objective: Memorize the SuperVerse with a group activity.*

- The more we pray and experience results, the more confidence and desire we have to continue to pray, believing God will answer—even if it isn't immediately!
- Divide the class into four teams and assign the team numbers. Have each team practice their phrase a couple times. Gather the teams together again facing the board. Call out the numbers in order and have each team say their part at the proper time.

**Prayer:** Daily Prayers (5 minutes)

*Objective: Communicate with God.*

- In the Lord's Prayer, Jesus told His disciples to pray for daily bread. Daily bread represents whatever we need in life; physically, spiritually and emotionally.
- Take a moment right now to think of something that you would like God to provide. Or, thank Him for something He has already given you. We will go around the circle. Each of us will have a chance to thank God for what He has already provided or ask Him by faith for what He will provide.

## ADDITIONAL ACTIVITIES (REFER TO THE LESSON GUIDE FOR DETAILED INSTRUCTIONS)

**Object Lesson:** Demonstrate how prayer and God's Word build faith. | **Grades 1–6** | 15 min

**Coloring Activity:** Color a page about The Transfiguration. | **Grades 1–3** | 10 min

**Balloon Game:** Play a game to reinforce the SuperVerse. | **Grades 1–6** | 10 min

**Bible Activity:** Look up verses to discuss prayers of Jesus. | **Grades 4–6** | 15 min

### Game Materials Needed:

- Disposable cups; 3 per child plus extras; OR dominoes or coins can be substituted
- Optional: painters tape or masking tape
- Two tables
- Bible or the Superbook Bible App

### Teaching Materials Needed:

- Table
- Five small boxes of similar size if possible; boxes must be large enough to tape a half sheet of paper to it
- Prayer Page
- Faith Letter Pages—3
- Marker
- Tape
- Scissors
- Bibles or the Superbook Bible App

### Discipleship Challenge:

- The Lord's Prayer Bookmark Page
- Red yarn
- Mustard seeds
- Scissors
- Tape
- Sample craft made in Lesson 1

### SuperVerse Materials Needed:

- Whiteboard and marker; or chalkboard and chalk
- Eraser
- Bible or the Superbook Bible App

### Prayer Materials Needed:

- Bible or the Superbook Bible App