

The Sermon on the Mount: Lesson 1

SuperTruth: I choose to live my life like Christ.

SuperVerse: “Anyone who listens to My teaching and follows it is wise, like a person who builds a house on solid rock.” Matthew 7:24 NLT

Bible Story: Matthew 5–7:27; Matthew 8:5–13; Luke 6:17–49; Luke 7:1–10

Game Materials Needed:

- Two poster boards for every team of 4–6 children, depending on class size
- Whiteboard and marker or chalkboard and chalk
- One beach ball or large round balloon for each team
- Marker
- Masking tape or painter’s tape
- Timer, such as a stopwatch, clock or watch with second hand, or timer app

Teaching Materials Needed:

- Flat rock, landscaping stone, or brick.
- Five wood building blocks or Jenga-style blocks
- Tray
- Box or bag of dry sand
- Table
- Bible (printed copy)
- Whiteboard and marker, or chalkboard and chalk
- Lego-style building kit, or model car or plane kit—in the box with instructions

Discipleship Challenge materials:

- Lighthouse Craft Page, printed on cardstock if possible—one per child, plus extras
- Children’s scissors—one pair per child
- Fast drying child-safe glue or glue sticks if needed
- Pencils

SuperVerse Materials Needed:

- Whiteboard or chalkboard, marker, or chalk
- Eraser
- Bibles or the Superbook Bible App

Prayer Materials Needed:

- Bibles or the Superbook Bible App

LARGE GROUP / GRADES 1–6

Today we begin a new Superbook adventure about the most famous sermon in the world, “The Sermon on the Mount.” We’ll also find out what happens when Chris and Joy try to put it into action!

- After seeing Jesus give the Sermon on the Mount, Chris and Joy try to practice what they learned—but their misguided attempts lead to comic chaos.
- Superbook takes Chris, Joy, and Gizmo to hear Jesus preach the Sermon on the Mount, and they see how the disciples learn to put it into practice. They also witness the remarkable faith of the Roman Centurion, who completely trusts Jesus to heal his servant. The children learn that the kingdom of God is for all who trust and obey Him.

SMALL GROUP / GRADES 1–6

Game: Wise Builders (15 minutes)

Objective: *Play a game to stand on God’s Word.*

- Jesus IS the Word of God. When we talk about following Jesus’ teaching, it is the same as standing on God’s Word. This is what our game is based on.

Game Instructions:

- Children will stand on God’s Word, represented by the poster boards. The ball represents things that happen in our lives—good or bad. Partners will hit the ball back and forth as many times as they can while keeping at least one foot on the poster board at all times.

Teaching: Hear and Do (15 minutes)

Objective: *Discuss the Sermon on the Mount.*

- When Jesus tells us to do something, it’s not enough simply to listen—we also must obey! When we obey Jesus’ words, He calls us wise, and we are prepared for the storms of life we will face.

Take Home Activity—Discipleship Challenge (5 minutes)

- The craft is the Lighthouse Craft. The challenge is found on the foundation of the lighthouse.

SuperVerse: Superbook Builders (5 minutes)

Objective: *Memorize the SuperVerse with a group activity.*

- Jesus is the only secure foundation we can build our lives on. If we build on anything else, it is like building on sand. Jesus calls those who do this foolish builders.
- Children take turns choosing words from the “jumbled” verse written on the board and reconstruct it on the board in the correct order.

Prayer: Understanding Prayers (5 minutes)

Objective: *Communicate with God.*

- The disciples often were puzzled by what Jesus said and asked Him to explain what He had said to the crowds. Sometimes we may have a difficult time understanding Jesus’ words, too. Today, we are going to pray for God to give us understanding and wisdom so we can live according to His Word. Jesus calls us wise when we listen to His teachings and do them. Yet before we can do that, we must understand what He is saying.

ADDITIONAL ACTIVITIES (REFER TO THE LESSON GUIDE FOR DETAILED INSTRUCTIONS)

Action Game: Play a game to learn about Jesus’ teaching. | **Grades 1–6** | 15 min

Copy Game: Play a game to copy someone’s words and actions. | **Grades 1–6** | 15 min

Coloring Activity: Color a scene from the Superbook video. | **Grade 1–3** | 10 min

Bible Activity: Race to find verses about the Sermon on the Mount. | **Grades 4–6** | 15 min