

A Giant Adventure: Lesson 1

SuperTruth: God will help me when I face giant problems.

SuperVerse: “Be strong and courageous! Do not be afraid or discouraged. For the LORD your God is with you wherever you go.” Joshua 1:9b (NLT)

Bible Story: 1 Samuel 17

LARGE GROUP / GRADES 1–6

This story will help us see that no problem is too big—and nothing is impossible—for God.

- Select a video to have playing as children enter the Large Group room. Videos are under Resources on the top menu bar.
- Note: video 2A: Chris and Joy's Dilemma is meant to accompany Video 3: Bible Story and Resolution in this lesson. Please preview Video 3. Should you feel that some scenes are too intense for young children, please play Video 2B: Chris and Joy's Dilemma Alternate instead of Video 2A. Also see note under Video 3.

SMALL GROUP / GRADES 1–6

Game: A Stone's Throw (15 minutes)

Objective: Explore the Superbook story by “downing” a giant.

- Put yourself in David's shoes—or sandals! Imagine putting a smooth stone in your sling, and you look up at a living, moving giant!

Game Instructions:

- This game will show us how hard it is to hit just the right spot on Goliath to cause his downfall.
- Children each have a chance to throw five “stones” (erasers) at the giant to hit the mark.

Teaching: Invisible Armor (15 minutes)

Objective: Contrast David and Goliath.

- We may think that our problems are either too small or too big for God. The good news for us today is that God wants to help us conquer any size problem!
- Goliath had strong armor to protect him. But David had the world's most powerful weapon: God!
- David didn't need Saul's armor. David had his own armor; he was covered by his faith in the all-powerful God! God can help us defeat our giants, too, no matter what they are.

Take Home Activity—Discipleship Challenge (2 minutes)

- Today and for these next two lessons, children will work on memorizing all the parts of the invisible armor that God gives us! Children will make an Invisible Armor Booklet.

SuperVerse: Superbook Champions (5 minutes)

Objective: Memorize the Superverse with a group activity.

- It seemed humanly impossible for a youth to defeat a giant; but David was strong and courageous because He knew God was with him.
- Divide children into two teams. Each team will work together to memorize the verse. Then each team will choose a champion to represent the team in saying the verse in front of the class.

Prayer: Praise Prayer (5 minutes)

Objective: Communicate with God.

- David wrote many songs of praise. We call them “Psalms.” One of his most famous is Psalm 103. Read parts of the Psalm and pause to discuss the meaning.
- Go around the circle and have each child offer a short sentence of praise. Children can just say, “Praise God!” if they do not wish to pray more out loud.

ADDITIONAL ACTIVITIES (REFER TO THE LESSON GUIDE FOR DETAILED INSTRUCTIONS)

Guitar Craft: Make a mini-guitar as a reminder to use your talents for God. | **Grades 4–6** | 10 min

Application Exercise: Apply God's strength to real-life scenarios. | **Grades 4–6** | 15 min

Finding Game: Find the hidden rocks and unscramble their messages. | **Grades 1–3** | 10 min

David and Goliath Figures: Color and cut out David and Goliath figures. | **Grades 1–6** | 10 min

Game Materials Needed:

- Optional: butcher paper, 9 feet long
- Scissors to cut out the paper sketch, if you want
- Optional: black marker and red marker
- Ten small rubber erasers or pebbles
- Optional: masking or painters tape
- Helpers
- Chalkboard and chalk, or whiteboard and marker
- Bible or the Superbook Bible App

Teaching Materials Needed:

- Optional: butcher paper, 5 feet long
- Optional: marker or chalk
- Scissors
- The outline of the giant from Game
- Pencils for the children
- Invisible Armor Booklet Pattern
- Bible or the Superbook Bible App

SuperVerse Materials Needed:

- Chalkboard and chalk, or whiteboard or poster board and marker
- Bible or the Superbook Bible App