

Ruth: Lesson 1

SuperTruth: I will be faithful and kind.

SuperVerse: But Ruth replied, “Don’t ask me to leave you and turn back. Wherever you go, I will go; wherever you live, I will live. Your people will be my people, and your God will be my God.” Ruth 1:16 (NLT)

Bible Story: Ruth 1–4

Game Materials Needed:

- 100 disposable drinking straws, coffee stirrers, pick-up sticks, craft sticks, or cotton swabs
- Two baskets or containers
- Four smaller containers: shoe box lids, pie pans, or plastic plates for children to carry as they glean
- Chalkboard and chalk, or whiteboard and marker, to keep score
- Bible or the Superbook Bible App

Teaching Materials Needed:

- Paper plates or card stock sheets, one per child; they may be used again in the “Grain Pass” Additional Activity
- Gizmo’s Snow Cone Machine Pattern
- Washable markers or pencils
- Glue sticks or glue
- Children’s scissors
- Whiteboard and marker, or chalkboard and chalk
- Bible or the Superbook Bible App

SuperVerse Materials Needed:

- Whiteboard and marker; or chalkboard and chalk
- Scissors
- SuperVerse Sheet
- Bible or the Superbook Bible App

Prayer Materials Needed:

- Whiteboard or chalkboard
- Markers or chalk

LARGE GROUP / GRADES 1–6

Today we will watch a Bible story about Ruth. She is a good example of how to be faithful and kind to others—even in difficult times.

- Chris is upset when his mother forgets he has planned a fun weekend at the lake with Joy’s family and volunteers him to do chores for his eccentric old aunt.
- Superbook takes Chris, Joy and Gizmo to meet Ruth, a young widow from Moab. The children see how she gives up everything to care for her mother-in-law, Naomi—and how God provides for both of them through the kindness of Boaz.

SMALL GROUP / GRADES 1–6

Game: 1–2–3 Glean (15 minutes)

Objective: Race to collect the leftover harvest.

- A gleaner is a person who collects left over crops that the harvesters leave behind in a farmer’s field. In this game, you will glean the harvest like Ruth.

Game Instructions:

- Two Sixth Grade helpers scatter the straws or other items on the floor. Tell the children that the straws represent the grain in the field. Two players from each team play at one time. Each team collects the exact number of straws needed. The first team to put the correct number of straws in their basket scores a point.

Teaching: Kindness Times Two (15 minutes)

Objective: Discuss how Ruth and Boaz were faithful and kind.

- Read part of the story about Ruth or Boaz, then children will vote on whether that person was being faithful or kind by holding up a word on their plates. Many times, if people are being faithful, they are also being kind—so they can twirl your plate back and forth to show both answers.

Take Home Activity—Discipleship Challenge (2 minutes)

- Children make a Gizmo Snow Cone Machine. The first snow cone challenge is to memorize Proverbs 3:3, and to look for ways that we can show faithfulness and kindness to other people.

SuperVerse: Superbook Group (5 minutes)

Objective: Memorize the SuperVerse with a group activity.

- Ruth was faithful and kind to Naomi even in a very sad and difficult time. Ruth promised to follow Naomi no matter where she went. Ruth also declared that she would serve God, too!
- Give each group a SuperVerse slip with the matching group number. Give the groups a minute or two to memorize their part and practice saying it aloud, then bring the groups back together. Call out each group one at a time, in order, and have each group say their part.

Prayer: Faithful Prayers (5 minutes)

Objective: Communicate with God.

- Ruth completely surrendered her life to Naomi and God. She also called Naomi’s family her family. Now, think about what Ruth said and apply it to our relationship with God. Can we say that we will follow Him wherever He leads us—no matter what happens?
- Let’s take some time to pray today. Ask God to help you be kind and faithful to others. Then ask God to help you be faithful to Him and trust Him completely.

ADDITIONAL ACTIVITIES (REFER TO THE LESSON GUIDE FOR DETAILED INSTRUCTIONS)

Grain Pass Game: Play a challenge game to reinforce the SuperVerse. | **Grades 1–6** | 15 min

Object Lesson: Discuss Faithfulness. | **Grades 1–6** | 5 min

Maze Activity: Help Ruth find the right paths to Naomi’s home. | **Grades 1–3** | 5 min

Concentration Game: Play a game to reveal the SuperTruth and find the hidden phrase. | **Grades 4–6** | 10 min