

Jacob and Esau: Lesson 1

SuperTruth: I am a child of God, and I share in all of His blessings.

SuperVerse: *Esau pleaded, "But do you have only one blessing? Oh my father, bless me, too!" Then Esau broke down and wept.* Genesis 27:38 (NLT)

Bible Story: Genesis 25:19–34; 27; 32–33

LARGE GROUP / GRADES 1–6

This story will teach us about the importance of God's blessings we have through Christ.

- Select a video to have playing as children enter the Large Group room. Videos are under Resources on the top menu bar.
- Esau carelessly trades his precious birthright for a bowl of stew. Then Jacob tricked his father, Isaac, into giving him Esau's blessing!
- When we believe in Jesus, He gives us all of our Heavenly Father's blessings.

SMALL GROUP / GRADES 1–6

Game Materials Needed:

- Four buckets or containers
- Dry beans, corn, rice, or pebbles
- One measuring cup—1 cup size
- One measuring cup—1/2 cup size
- A broom for cleanup

Teaching Materials Needed:

- Scissors
- Optional: crayons, colored pencils, or washable markers
- Gizmo Face Pattern
- Inheritance Document
- Bible or the Superbook Bible App

Game: Fill It up (15 minutes)

Objective: Explore the Superbook story by playing a game with an unfair advantage.

- For our game today we don't have a stew like Jacob made, but we do have a bucket full of items. Let's see which team can fill up their empty bucket first!

Game Instructions:

- Divide the class into two teams. Place empty buckets about 10–15 feet away.
- Each child will take a turn using the cup to transfer beans from one bucket to the other using measuring cups in a relay. Whichever team transfers all of the beans first wins.
- The measuring cups are different sizes. After the game ends, discuss how the game was unfair.

Teaching: Inherit the Blessings (15 minutes)

Objective: Discuss our position in Christ.

- Esau was the firstborn son, so he was supposed to get the birthright—meaning he would have special privileges and become head of the family when his father died.
- We inherit all of God's blessings because we are connected to Jesus and trust Him as our Lord!

Take Home Activity—Discipleship Challenge (2 minutes)

- Our challenge is to pray and get into the habit of recognizing the need to forgive or ask for forgiveness as soon as the need arises. To remind us of this challenge, we are each making a Gizmo face that can be folded to show different expressions!

SuperVerse: Superbook Discussion (5 minutes)

Objective: Memorize the Superverse with a group activity.

- As long as we choose to stay connected to Jesus and make Him Lord of our lives, all the blessings and promises of God are ours, and they can never be taken away!
- The boys and the girls take turns saying the SuperVerse dramatically.

Prayer: Praise Prayer (5 Minutes)

Objective: Communicate with God.

- God makes us His children and provides all blessings through His Son, Jesus.
- Go around a circle and give each child an opportunity to say one of God's blessings and praise God for it.

ADDITIONAL ACTIVITIES (REFER TO THE LESSON GUIDE FOR DETAILED INSTRUCTIONS)

Bible Discussion: Discuss scenarios and reactions from the Bible story. | **Grades 1–6** | 10 min

Class Activity: Discuss roles and positions in life. | **Grades 1–3** | 10 min

Observation Game: Observe similarities and differences. | **Grades 1–3** | 15 min

Parable Skit: Explore the parable of the vineyard. | **Grades 4–6** | 15 min

Guessing Activity: Connect items to events in the story. | **Grades 1–3** | 10 min

Bible Study: Dig deeper into how obedience unlocks God's blessings and promises. | **Grades 4–6** | 15 min