

## Jacob and Esau: Lesson 2

**SuperTruth:** I will do my best to keep all of God's blessings.

**SuperVerse:** *The Man said, "Your name will no longer be Jacob. You have wrestled with God and with men, and you have won. That's why your name will be Israel."* Genesis 32:28 (CEV)

**Bible Story:** Genesis 25:19–34; 27; 32–33

### LARGE GROUP / GRADES 1–6

This story will teach us about appreciating God's blessings and doing our best to keep them!

- Select a video to have playing as children enter the Large Group room. Videos are under Resources on the top menu bar.
- Play videos in order of appearance in the Video Player or Leader Guide.
- Superbook takes Chris, Joy and Gizmo to meet Jacob and Esau, twins who compete over many things.
- Today's Bible Background video shows us more about the history of the Bible story time period.

### SMALL GROUP / GRADES 1–6

**Game:** Are You up for the Test? (15 minutes)

*Objective: Explore the Superbook story with a game about God's blessings.*

- Jacob had received a blessing before, but he got it by deceiving his father! This time Jacob was willing to fight for His blessing.
- God's blessings are worth fighting for—and we want to share them with others!

*Game Instructions:*

- Divide the class into two teams. Teams form a tight circle, with all children holding their hands behind their backs.
- Place a filled bowl in the hands—behind the back—of one player on each team.
- Players try to keep all the blessings in the bowl while carefully passing the bowl to other players

**Teaching:** Fair Trade? (15 minutes)

*Objective: Discuss our birthright in Christ.*

- Esau gave up his important birthright because he was hungry. Temporary satisfaction caused him to give up something of great value for something that just gave a moment or two of satisfaction.
- We must not be careless and throw away our birthright for foolish things the world has to offer.

*Take Home Activity—Discipleship Challenge (2 minutes)*

- The challenge is to pray about forgiving others and asking forgiveness from others who God brings to our remembrance. Continue to pray and act on what God shows you in prayer.

**SuperVerse:** Superbook Spin (5 minutes)

*Objective: Memorize the Superverse with a group activity.*

- The man in the SuperVerse is God in the form of a human being. Jacob actually called the place where they wrestled, Peniel, which means "Face of God."
- Children throw the ball around a circle and say a word of the SuperVerse in order. Each child should throw the ball to a different child until everyone has had a chance to say at least one word.

**Prayer:** Private Prayer (5 minutes)

*Objective: Communicate with God.*

- We can pray to God with people or alone, silently or out loud, anytime, and anywhere. Today, we will have private prayers.
- Encourage the children to have a private prayer time with God and take their needs to Him.

### ADDITIONAL ACTIVITIES (REFER TO THE LESSON GUIDE FOR DETAILED INSTRUCTIONS)

**Balloon Game:** Work together to keep your blessings through Christ. | **Grades 1–6** | 15 min

**Spoon Review Game:** Review the lesson and flip spoons for points. | **Grades 1–6** | 15 min

**Singing Activity:** Sing a song to learn the name of Jacob's twelve sons. | **Grades 1–3** | 10 min

**Word Game:** Explore the Superbook story using words that sound alike. | **Grades 4–6** | 15 min

#### Game Materials Needed:

- Two small, unbreakable bowls—plastic, paper or metal
- Dry beans, rice, corn, or pebbles
- Broom and dustpan for cleanup

#### Teaching Materials Needed:

- Item or photo of item that would be of great value to the children in your class—bicycle, skateboard, phone, keepsake necklace, watch, etc.
- Bottle of water, soda, or other drink
- Optional: lollipop
- Optional: picture of a \$100 bill
- Gizmo Face Craft
- Bible or the Superbook Bible App