

Jacob and Esau: Lesson 3

SuperTruth: I will forgive others as Jesus has forgiven me.

SuperVerse: *Be kind to each other, tenderhearted, forgiving one another, just as God through Christ has forgiven you.* Ephesians 4:32 (NLT)

Bible Story: Genesis 25:19–34; 27; 32–33

LARGE GROUP / GRADES 1–6

This story will teach us about being kind to others and forgiving them as Christ forgives us.

- Select a video to have playing as children enter the Large Group room. Videos are under Resources on the top menu bar.
- Play videos in order of appearance in the Video Player or Leader Guide.
- Watch the Signposts video to learn more about Jacob's life and how Jesus is a descendant of Jacob!

SMALL GROUP / GRADES 1–6

Game: Unforgiveness Hinders (15 minutes)

Objective: Explore the Superbook story with a game about forgiveness.

- If we don't forgive others, it hurts us on the inside. It can also hurt and even destroy our relationships with others!
- Do an activity to illustrate how unforgiveness strongly affects and hinders our lives.

Game Instructions:

- Divide the class into four teams and have a race performing the same task.
- Teams 1 and 3 can talk with each other. Teams 2 and 4 cannot talk with each other.
- Give each team a piece of yarn. Explain that all the players on each team must figure out how to wind the yarn in and around all of their hands and fingers to create a giant spider web.

Teaching: God's Promises Fulfilled (15 minutes)

Objective: Discuss the lives of Jacob and Jesus.

- Hold up each certificate.
- Discuss how the important events in the lives of Jacob and Esau relate to the life of Jesus and our blessings as children of God.

Take Home Activity—Discipleship Challenge (2 minutes)

- The challenge continues to forgive others as Jesus forgives us—every day!

SuperVerse: Superbook Jumping Beans (5 minutes)

Objective: Memorize the Superverse with a group activity.

- Read Ephesians 4:32. Ask for examples of being kind, tenderhearted and forgiving.
- Divide the class into two groups. Have everyone sit down. When you point to one group, they should jump up and begin saying the verse. When you point to the second group, they should jump up and continue saying the verse while the first group quickly sits down.

Prayer: Forgiving Prayer (5 minutes)

Objective: Communicate with God.

- Discuss four important parts of forgiveness: 1. Tell the person very sincerely that you are sorry for what you did. 2. Tell the person exactly why what you did was wrong. 3. Tell the person that you will try very hard never to do it again. 4. Humbly ask the person to forgive you.
- Lead the children in prayer.

ADDITIONAL ACTIVITIES (REFER TO THE LESSON GUIDE FOR DETAILED INSTRUCTIONS)

Drama: Act out Jesus' parable showing the importance of forgiveness. | **Grades 1–6** | 15 min

Squirt Game: Compete to wipe away "offenses" with squirt bottles. | **Grades 1–6** | 15 min

Forgiveness Activity: Form a living circle of forgiveness. | **Grades 1–3** | 10 min

Bible Game: Find answers in the Bible about forgiveness. | **Grades 4–6** | 15 min

Game Materials Needed:

- Four pieces of yarn or string, each about 20–30 feet long
- One pair of scissors
- Bible or the Superbook Bible App

Teaching Materials Needed:

- Certificate Cards
- Optional—tape
- Bible or the Superbook Bible App

SuperVerse Materials Needed:

- Chalkboard and chalk, or whiteboard or poster board and marker
- Bible or the Superbook Bible App