

He Is Risen! Lesson 1

SuperTruth: Jesus loves me so much that He sacrificed His life and forgave my sins.

SuperVerse: "For God so loved the world that He gave His only begotten Son, that whoever believes in Him should not perish but have everlasting life." John 3:16 (NKJV)

Bible Story: Matthew 26:36–28:10; Mark 14:32–16:10; Luke 22:39–24:12; John 17–20:18

LARGE GROUP / GRADES 1–6

This story will teach us about two very important events in Jesus' life: His crucifixion, when He died on the cross, and His resurrection, when He rose from the dead!

- Select a video to have playing as children enter the Large Group room. Videos are under Resources on the top menu bar. Note: Video 2A: Chris and Joy's Dilemma is meant to accompany Video 3: Bible Story and Resolution in this lesson. Please preview Video 3. Should you feel that some scenes are too intense for young children, play Video 2B: Chris and Joy's Dilemma Alternate instead of Video 2A.

SMALL GROUP / GRADES 1–6

Game: Set Free From Sin (15 minutes)

Objective: Explore the Superbook story by playing a game about forgiveness.

- Jesus gave up His very life to take the punishment for our sin so we can be forgiven and live forever with Him in heaven someday. Our game is about being forgiven and set free from our sin!

Game Instructions:

- Divide the children into equal teams. Put the "Forgiven and Set Free" cards in the "Forgiven" box and place it at the foot of the cross. Place the "Sin" box next to the Forgiven box, and give each child a "Bound by Sin" card. The game is a relay race. Each player must keep his or her ankles tightly together—as if bound or tied—and hop to the cross while holding the "Bound by Sin" card. The player is set free after putting the Sin card in the sin box and taking a Forgiven and Set Free card and running back to the line so the next player can begin.

Teaching: Cleansed From Sin (15 minutes)

Objective: Discuss God's forgiveness.

- Sin is disobedience. It is anything that we do, say, or even think that goes against God's Word. Sin is anything that displeases God.
- God sent His Son to the world to die for us and save us from our sins.
- God forgives ALL our sins—every single one!

Take Home Activity—Discipleship Challenge (5 minutes)

- Children make a cross to remind them what Jesus has done for them. The challenge is to pray as Jesus prayed in the Garden of Gethsemane. Ask God to show you His will and what He desires.

SuperVerse: Superbook Relay (5 minutes)

Objective: Memorize the SuperVerse with a group activity.

- God loves us so much He sent His only Son to Earth to die for us!
- Children line up side-by-side, facing the board with John 3:16 written on it. Start at one end and have each child say one word of the verse aloud. Children must listen closely and follow the verse on the board so they know what word to speak when it is their turns.

Prayer: Forgiveness Prayers (5 minutes)

Objective: Communicate with God.

- There was no way for sin to be forgiven except by Jesus sacrificing His sinless life on the cross.
- Ask the children to find a place alone in the room. Tell the children to pray silently and ask the Holy Spirit to help them to forgive anyone who has offended them. Lead the children in a closing prayer, thanking God for His sacrifice so that our sins could be forgiven.

ADDITIONAL ACTIVITIES (REFER TO THE LESSON GUIDE FOR DETAILED INSTRUCTIONS)

Egg Object Lesson: Demonstrate forgiveness using an egg. | Grades 1–6 | 10 min

Debt Object Lesson: Discuss the meaning of Jesus' last words on the cross. | Grades 1–6 | 10 min

SuperVerse Game: Volley balloons to reinforce the SuperVerse. | Grades 1–3 | 10 min

Bible Study: Dig deeper into Jesus' sacrifice for our forgiveness. | Grades 4–6 | 15 min

Game Materials Needed:

- Poster board or large sheet of butcher paper
- Marker
- Optional: masking tape
- Scissors
- Two small boxes—shoeboxes are ideal
- Sin and Forgiven Cards
- Optional: paper grocery bags, one per child
- Bible or the Superbook Bible App

Teaching Materials Needed:

- Cross Pattern
- Chalkboard and chalk, or whiteboard and marker
- String, yarn or ribbon—24" length for each child, plus extras
- Holepunch
- Washable markers
- Scissors for children
- Bible or the Superbook Bible App

SuperVerse Materials Needed:

- Chalkboard and chalk, or whiteboard/poster board and marker
- Bible or the Superbook Bible App

Prayer Materials Needed:

- Bible or the Superbook Bible App