

Jesus in the Wilderness: Lesson 2

SuperTruth: Jesus helps me defeat temptation.

SuperVerse: *And now that Jesus has suffered and was tempted, He can help anyone else who is tempted.* Hebrews 2:18 (CEV)

Bible Story: Mark 1:9–13; Matthew 4:1–11; Luke 2:41–52; 4:1–13

Game Materials Needed:

- Twenty empty soda cans or empty water bottles
- Permanent marker
- Two tables
- Four socks
- Optional—masking tape

Teaching Materials Needed:

- Rope—several feet
- Headphones
- Running shoes
- 5th or 6th grade helper to participate in a tug-of-war demonstration
- Bible—printed (hard) copy
- Ear Pad Pattern
- Headband Pattern
- Craft stems
- Cellophane tape
- Sample craft made in Lesson 1 to display

SuperVerse Materials Needed:

- Whiteboard and marker, or chalkboard and chalk
- Eraser
- Bibles or the Superbook Bible App

Prayer Materials Needed:

- Bible or the Superbook Bible App

LARGE GROUP / GRADES 1–6

While we are in the world, we will face temptations. The good news today is that we have someone who will help us to resist and defeat all temptations. In this lesson, we will learn who!

- Superbook takes Chris, Joy and Gizmo to meet Jesus—first when He is a boy, speaking to the elders at the Temple; then when He is a man, resisting Satan’s temptations in the wilderness. The children learn how the Word of God can help them stand strong!
- In our Bible Background video, we will learn more about Jesus in the wilderness.

SMALL GROUP / GRADES 1–6

Game: Temptation Knockdown (15 minutes)

Objective: Play a game to overcome with Christ’s strength.

- If we are willing to admit that we need help to defeat temptation, Jesus will give us the strength to be victorious. This game is about overcoming and knocking out some temptations we may face.

Game Instructions:

- Each can represents a temptation that we might need Jesus’ strength to overcome. Players will step to the line and throw two sock balls, one at a time, to knock down a can.

Teaching: Resistible! (15 minutes)

Objective: Discuss how we can overcome temptations with Jesus’ help.

- We all face this struggle every day! Yet Jesus gives us power to beat temptation and sin. He will help us win every time—if we look to Him and trust Him. He frees us from the power of sin so that we can follow the leading of God’s Spirit.

Take Home Activity—Discipleship Challenge (2 minutes)

- Commit to not look at things that are indecent, impure, or evil—things that can lead to temptation or harm our minds and heart. Pray for the Holy Spirit’s help every day. Learn, and if possible, memorize the first part of Hebrews 12:2.

SuperVerse: Superbook on Top (5 minutes)

Objective: Memorize the SuperVerse with a group activity.

- Jesus is always here for us. He not only suffered with the same temptations—He defeated them! He went through it all so that He could understand and help us!
- Erase words in the SuperVerse that are listed in the Word Bank. Read the SuperVerse slowly and stop at each space. Have the children raise hands to fill in the words using the words at the top.

Prayer: Temptation Prayers (5 minutes)

Objective: Communicate with God.

- Jesus said to watch and pray! That means to be alert and on guard for the tricks and schemes of the devil. It means to acknowledge our weaknesses and ask for help to strengthen our spirit.
- Let’s close our eyes and bow our heads. Think of some things that you are tempted by; something you struggle with—maybe you feel pressure from your friends to do things you know are wrong. Silently tell Jesus about these things and ask for His strength to overcome them.

ADDITIONAL ACTIVITIES (REFER TO THE LESSON GUIDE FOR DETAILED INSTRUCTIONS)

Action Game: Play a game to follow the Spirit instead of our own desires. | **Grades 1–6** | 15 min

Craft Activity: Make a pair of Gizmo sunglasses. | **Grades 1–3** | 10 min

Balloon Game: Play a game to resist temptation. | **Grades 1–6** | 15 min

Bible Study: Discuss God’s invisible armor. | **Grades 4–6** | 15 min