

Doubting Thomas: Lesson 2

SuperTruth: By faith I will believe Jesus.

SuperVerse: *Then Jesus told him, “You believe because you have seen Me. Blessed are those who believe without seeing Me.”* John 20:29 (NLT)

Bible Story: Matthew 27:57–65, 28:1–20; Mark 16:1–20; Luke 23:44–56, 24:1–53; John 20:1–30

Game Materials Needed:

- 20 disposable cups; paper, styrofoam or plastic
- Fine tip permanent marker
- Two poster boards
- Marbles; 2 per child plus extras
- Masking tape or painters tape

Teaching Materials Needed:

- Towel or tablecloth
- Miniature toy car
- Two round balloons
- Permanent marker
- Table
- Printed copy of the Bible
- Two index cards
- GizmoNote (optional take-home note)

Discipleship Challenge materials:

- Heart Challenge Page
- Flame Page
- Sample craft

SuperVerse Materials Needed:

- Whiteboard and marker, or chalkboard and chalk
- Eraser
- Bibles or the Superbook Bible app

Prayer Materials Needed:

- Bible or the Superbook Bible app

LARGE GROUP / GRADES 1–6

Have you ever doubted something until you actually saw it with your own eyes? Jesus calls us to believe and not doubt even when we can't see!

- Superbook takes Chris, Joy and Gizmo to Jerusalem just after Jesus is crucified. Roman soldiers say His body was stolen from the tomb. Why should Thomas believe Jesus' other disciples who say He is alive? And who is the mysterious traveler on the road to Emmaus? The children discover that Jesus is always there—for everyone!
- In today's Bible Background video, we'll learn more about what happened in our adventure with “Doubting Thomas.”

SMALL GROUP / GRADES 1–6

Game: Faith Is How We Roll (15 minutes)

Objective: *Play a game to knock out doubt.*

- Thomas could not believe that Jesus was alive. You could say his faith was blocked by doubt. This is not how Jesus wants us to live.

Game Instructions:

- In this game, you are going to remove all doubt so only faith remains. Each team will do this by rolling marbles to move the DOUBT cups to expose FAITH underneath.

Teaching: Not Seeing Is Believing (15 minutes)

Objective: *Discuss living by faith.*

- God provided the Bible to us. It is His Word which tells us all we need to know about Jesus to successfully live by faith.

Take Home Activity—Discipleship Challenge (2 minutes)

- The craft is the Heart and Flame Challenge Pages. Learn Romans 15:13. Each time you work on the challenge by praying daily to live by faith, cut out a flame and glue it to Heart #2.

SuperVerse: Superbook Turnaround (5 minutes)

Objective: *Memorize the SuperVerse with a group activity.*

- Jesus says to us today what He told Thomas in the SuperVerse, that we are blessed when we believe in Him without seeing Him!
- Children stand and turn away from the board. Erase a key word from the verse. Have the children turn toward the board and raise their hands to guess what word is missing in the verse.

Prayer: Faith Prayers (5 minutes)

Objective: *Communicate with God.*

- Whenever we sense doubt creep in, we can come to God and ask for His help to overcome it. We can also read God's Word to know the truth and build up our faith.
- Close your eyes and bow your heads. Confess to God any doubt or unbelief you may have about Him, or Jesus, the Holy Spirit, or the Bible. Ask for help to overcome doubt with faith.

ADDITIONAL ACTIVITIES (REFER TO THE LESSON GUIDE FOR DETAILED INSTRUCTIONS)

Balloon Game: Play a game about building faith. | **Grades 1–6** | 15 min

Game: Play a game to learn more about Jesus. | **Grades 1–6** | 15 min

Faith Activity: Discuss the concept of belief without seeing. | **Grades 1–3** | 10 min

Bible Activity: Race to find verses about faith and believing. | **Grades 4–6** | 15 min