

# Doubting Thomas: Lesson 3

**SuperTruth:** Jesus wants us to experience Him.

**SuperVerse:** "Those who accept My commandments and obey them are the ones who love Me. And because they love Me, My Father will love them. And I will love them and reveal Myself to each of them." John 14:21 (NLT)

**Bible Story:** Matthew 27:57–65, 28:1–20; Mark 16:1–20; Luke 23:44–56, 24:1–53; John 20:1–30

## LARGE GROUP / GRADES 1–6

It's good to be cautious and not believe everything that we read or hear. One thing we can put our faith in is God's Word! God's love for us is revealed through Jesus, who died for us and lives in us!

- Superbook takes Chris, Joy and Gizmo to Jerusalem just after Jesus is crucified. Roman soldiers say His body was stolen from the tomb. Why should Thomas believe Jesus' other disciples who say He is alive? And who is the mysterious traveler on the road to Emmaus? The children discover that Jesus is always there—for everyone.
- Watch the Signposts video to learn about how Jesus gives us what we need to believe.

## SMALL GROUP / GRADES 1–6

### Game Materials Needed:

- Painters tape or masking tape
- Bible or the Superbook Bible app

### Teaching Materials Needed:

- Four Signpost Cards
- Four sheets of card stock or paper
- Small potted plant
- Bibles or the Superbook Bible app
- GizmoNote (optional take-home note)

### Discipleship Challenge materials:

- Heart Challenge Page
- Flame Page
- Sample craft made in Lesson 1

### SuperVerse Materials Needed:

- Whiteboard and marker; or chalkboard and chalk
- Bibles or the Superbook Bible app

### Prayer Materials Needed:

- Bible or the Superbook Bible app

**Game:** Accept and Obey (15 minutes)

*Objective: Play a game to be a disciple at Jesus' tomb.*

- John won a race with Peter to Jesus' empty tomb, but he didn't go inside the tomb. Peter came in second place but went into the tomb right away!

*Game Instructions:*

In this game, we are going to be in and out of the tomb like Peter and John as we follow commands that are given. As each command is given, you will make a decision to jump to the left or right.

**Teaching:** Ever Present Help (15 minutes)

*Objective: Discuss how Jesus aids our faith.*

- Jesus fulfilled God's plan to save us from our sins. He died on the cross and rose again to life. He conquered sin and death for us, yet many found this hard to believe because they didn't actually see Him on the cross or walk out of the tomb after His death.

*Take Home Activity—Discipleship Challenge (2 minutes)*

- The craft is the Heart and Flame Challenge Pages. Learn John 14:21. Your challenge is to pray daily for the power to obey God's Word and demonstrate God's love to others, then cut out a flame and glue it to Heart #3.

**SuperVerse:** Superbook Experience (5 minutes)

*Objective: Memorize the SuperVerse with a group activity.*

- It is good to memorize Bible verses, but even more important, to actually do what they say! When we put God's Word into practice and follow His example, this is what is pleasing to God.
- Take a deeper look at the verse and discuss the meaning.

**Prayer:** Revealing Prayers (5 minutes)

*Objective: Communicate with God.*

- As we live our lives, in the busyness of everything, in times of disappointment, sadness, doubt, anxiety, and fear, it is easy to forget that Jesus is with us. The truth is, He promised to never leave us.
- Silently ask Jesus to reveal Himself to you, to open your spiritual eyes and experience His strength, His comfort, His encouragement and direction.

## ADDITIONAL ACTIVITIES (REFER TO THE LESSON GUIDE FOR DETAILED INSTRUCTIONS)

**Review Game:** Play a game to review the Bible story. | **Grades 1–6** | 15 min

**Match Game:** Play a game about Bible characters who obeyed Jesus. | **Grades 1–6** | 15 min

**Coloring Activity:** Color a scene from the Superbook video. | **Grades 1–3** | 10 min

**Bible Activity:** Race to find verses about the SuperTruth. | **Grades 4–6** | 15 min