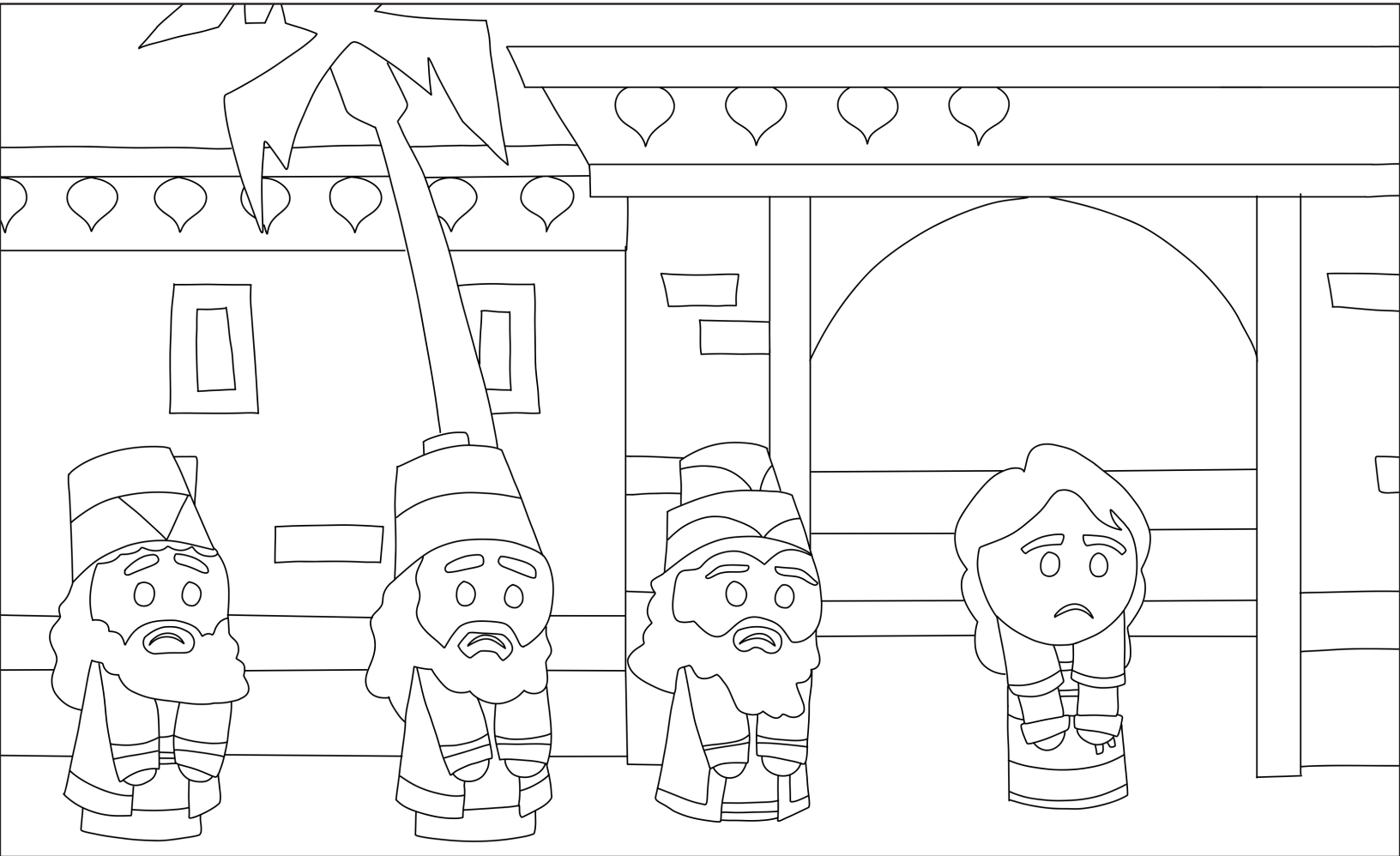


SELF CONTROL

LESSON 1 | A TALE OF TWO WIDGETS



I LEARNED TODAY

I LEARNED TODAY: God helps me to use self-control.

I learned the Verse to GO: **Proverbs 16:32 (NLT)** *“Better to be patient than powerful; better to have self-control than to conquer a city”*

Object to GO! Ask me what Daniel chose to eat instead of the king’s food..
Vegetables.