

Sing along with Miss Tina and her robot friends

"Self-Control"



Great many years ago, stormed by Babylon,
The people of the Lord were pushed out like vagabonds
Out from their very home, as the story goes,
Taken to a land that would rather worship gold.

CHORUS Self-control, self-control,
Mind your head, your heart, your hands, self-control.

Some of the Israelites were called to serve the king.
Shadrach, Meshach, Abednego, and Daniel did they bring.
From the royal table there came a mighty feast,
But that was food that God opposed
So they chose not to eat. **CHORUS**

To the chief official came Daniel's request,
Vegetables and water for 10 days for Israel's best.
Let the other servants of the king eat hearty food
And in 10 days let's see which brood is weak
From what they've chewed. **CHORUS**

Standing for the king to see were Daniel and his kin,
Ten times stronger than the rest and not too sick or thin,
Saved from harm in many ways,
Starvation, lions, furnace flames,
All because they practiced praising God
With self-control. **CHORUS**