

STEM ACTIVITY

Teach Us to Pray

Total Time: 12 minutes
In Class Time: 10 minutes

You will need:

- Building block set
- Large book
- Cereal box (empty)



STEP 1: TEACH: Chris, Joy, and the Disciples learned that the Lord's Prayer is a great foundation for praying. As you may know, a foundation is something you can build on. So that's what we're going to do!

STEP 2: Form the children into two groups. (The more blocks, the better!) Make sure that each group has their own set of blocks.

STEP 3: Give each group their foundation—one gets the book, the other gets the empty cereal box—and instruct them to build their best tower on it.

STEP 4: Discuss the following with them.

- How did your foundation affect your tower?
- Why was the book a better foundation than the cereal box?
- How can the Lord's Prayer be a foundation for our own prayer?
- Do we always have to pray according to a pattern like the Lord's Prayer?